



AMERICAN NATIONAL COMBINES
PRO FOOTBALL

FASTEST 40

Description

- The ANC **Fastest 40 Competition** recognizes the athlete who runs the fastest 40-yard dash at each ANC Regional Combine. A standardized speed formula enables players to compete for the title regardless of their position. The Regional winners receive a range of prizes and benefits.
- The overall champion who runs the fastest 40 among all regional winners is announced at the ANC Super Combine and earns a cash award and is guaranteed personal tryout with the UFL.





ANC Regional Award Winners

Players who run the **Fastest 40** at each ANC *Regional Combine* receive:

- **ANC Registration Fee Refund**
- **Automatic ANC/NFL Hot List Selection**
- **Fee waiver for the ANC NFL/UFL/CFL Super Combine**
- **Automatic invitation to one 2025 UFL Showcase**
- **Registration fee waiver for one 2025 UFL Showcase**
- **Automatic invitation to the ANC Super Combine**

National Winner Awards

The player with the fastest 40 time among the ANC regional combine winners is recognized as the **NATIONAL ANC Fastest 40 Champion**. The Fastest 40 National Champion is announced at the ANC Super Combine and receives the following prizes:

- **\$1,000.00 in CASH**
- **A PERSONAL TRYOUT with the UFL**
- **Fee waiver for all 2025 UFL Showcases**
- **Free ANC Gold Band Video (GBV)**
- **GBV and ANC combine results sent to all 32 NFL teams**



Speed Formula

Winners of the ANC Fastest 40 must turn in a time equal to or faster than the times listed below for their position:

WR / 4.45 **TE / 4.70** **RB / 4.55** **FB / 4.60** **QB / 4.69** **OL / 4.90** **C / 4.95**
DC / 4.50 **DS / 4.60** **LB / 4.70** **DE / 4.85** **DT / 4.90**

Example:

If a WR runs a 4.45 Forty and an OL runs a 4.88, the winner is the OL by running a time $2/100^{\text{th}}$ *below* the OL minimum, while the WR ran a time *equal* to the WR minimum.



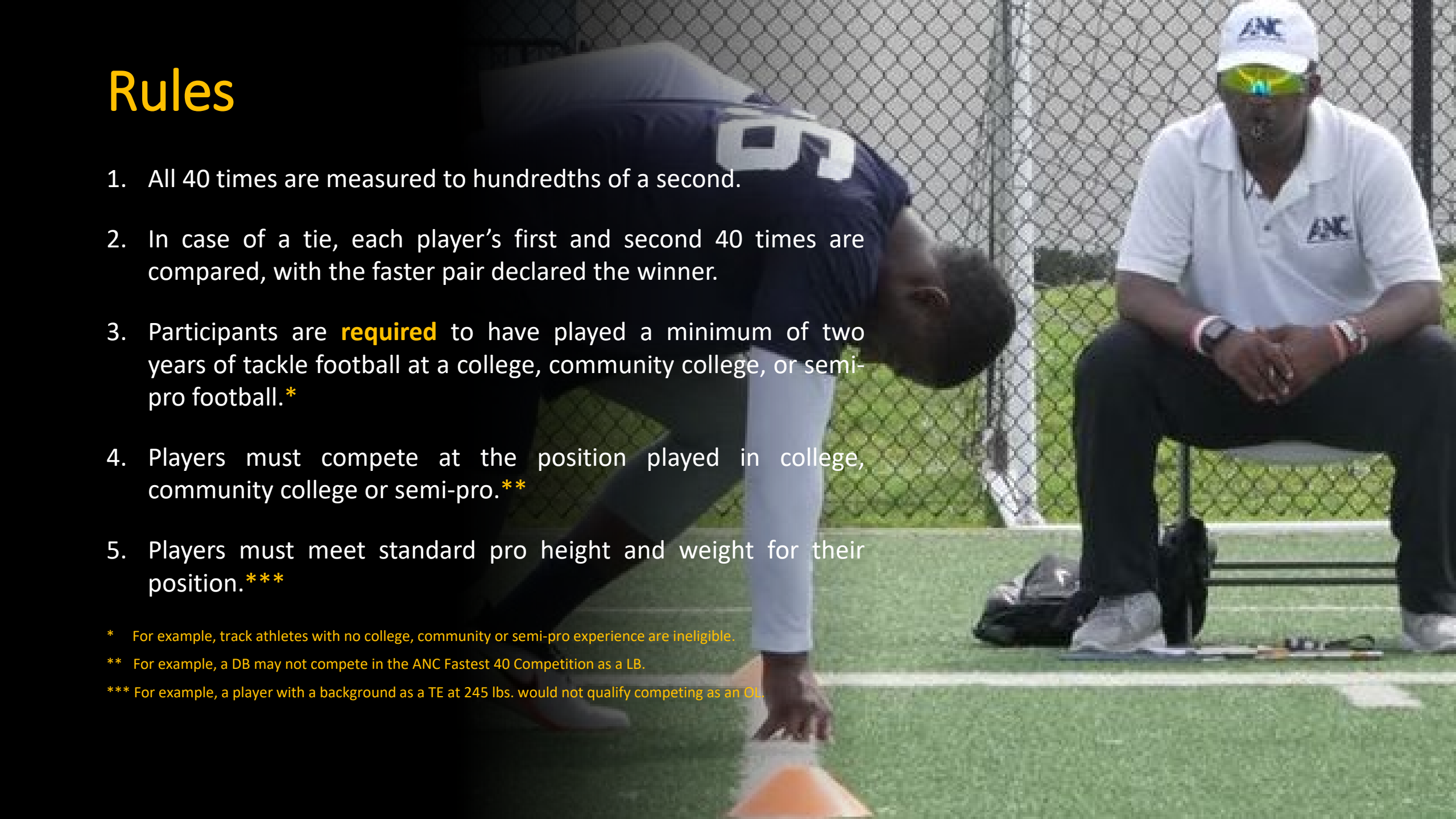
Rules

1. All 40 times are measured to hundredths of a second.
2. In case of a tie, each player's first and second 40 times are compared, with the faster pair declared the winner.
3. Participants are **required** to have played a minimum of two years of tackle football at a college, community college, or semi-pro football.*
4. Players must compete at the position played in college, community college or semi-pro.**
5. Players must meet standard pro height and weight for their position.***

* For example, track athletes with no college, community or semi-pro experience are ineligible.

** For example, a DB may not compete in the ANC Fastest 40 Competition as a LB.

*** For example, a player with a background as a TE at 245 lbs. would not qualify competing as an OL.





Good Luck!